



PRIDE Athletics

3109 Rose of Sharon Rd. Durham, NC, 27712

Prideathleticscheer.com

Owned and Operated by: Kayla Sanders

24-25 Season Tryout Packet



What is Pride Athletics?

Pride Athletics is a Rec- league competitive cheerleading organization that focuses on helping kids build confidence in themselves and gain the ability to walk through life with pride in who they are, on and off the stage. Since we are Rec- league, we only practice 1 day a week on Sunday, but our cheer season spans all year from May to April. From training and learning new skills from June to October and competing in 5 local competitions and 1 travel competition from November to April. With this being our first year, we are ready to bring a lot to the table and look forward to meeting all of our new athletes!



Tryout Information

What to do to start your first season with Pride

1. RSVP for our in- person parent interest meeting on April 28th, 2024
 - a. This meeting will be used to give a more detailed explanation of what's to come this season, explain all policies, introduce all apparel for the season, and introduce our head coach!

2. Block off the dates for tryouts: May 18th- 19th.
 - a. Both dates are MANDATORY!
 - b. May 18th: Learn the dance and go over skills needed for tryouts
 - c. May 19th: Actual tryout day.
3. Pay for Tryouts
 - a. Cost is \$25/ athlete.
 - b. Payment must be made through our website, prideathleticscheer.com, to receive your ticket into tryouts. Without a ticket, your child we not be able to participate.
4. Find a Bow.
 - a. Athletes are expected to wear a white top and black bottoms, sneakers, and a hair pulled back with a bow for tryouts.
5. Kill it at tryouts!
 - a. Athletes will be judged on a number of different things:
 - i. Standing Tumbling
 - ii. Running Tumbling
 - iii. Jumps
 - iv. Dance (Learned day 1 of tryouts)
 - v. Overall Spirit/ Attitude
 - b. Remember there is no such thing as perfection, we just want to see kids trying their best and their ability to push through and do their best!
6. Find out what team you made.
 - a. Team placements will be announced by email May 20th by 7pm.

Things to be Mindful of going into Tryouts:

- Team placements are based on age and skill set.
- When joining Pride Athletics you are joining our organization and not a specific team so athletes will be placed where we believe they will shine the most.
- Our goal is for everyone to make a team, however with this being our first season, levels offered will not be known until after tryouts, so that is not a guarantee.
 - If we do not have a team to match your child's skillset, a discussion will be had if your child decides to stay on the team assigned or if you would like to wait a season.
- Goal for teams offered for season 1:
 - Level 1: beginner skills up to backwalkovers
 - level 2: backhandsprings preferred or outstanding stunting skills
- Lastly, competitive cheer is a year- long sport, so once you commit to a team, you are expected to stay committed all season.



What to Expect Season 1



Tumbling

- As we are a rec- league program, we will focus on all aspects of cheerleading. However, tumbling classes are not offered through Pride Athletics but, as part of our partnership with Acrosport Gymnastics, all Pride athletes are allowed to take tumbling classes at a discounted rate of \$60/month. Although these classes are optional, they are highly recommended for learning new skills.

Policies

- Financial Policies
 - Tuition will be due on the 1st of every month.
 - Costs of apparel and competition fees will be broken up into installments between June and February. These payments will be due by the 15th of every month.
 - Tentative outline of payment plan
 - June - September: ~\$180- \$260 (1st payment of ~\$260 will be due June 15th)
 - October - January: ~\$95
 - February: ~\$130
- Attendance Policies
 - Since we only practice on Sundays, missing practices severely affects our progress throughout the season. So, we will adhere to a strict attendance policy.
 - Athletes are allotted 3 excused absences for the season.
 - Late policy: Athletes are allotted a 15 min grace period for all practices
 - No one is allowed to miss practice 2 weeks prior to competition.

24-25 Season Price List

(Please Note that some of these prices are subject to change)

- Tuition: \$120/ month
 - If you have multiple kids, each kid after the 1st one will receive a 5% discount on tuition.
- Shoes: \$92- \$105 (Based on number of athletes)
- Practice wear: \$45
- Team bookbag: \$110
- Team bow: \$20-\$25
- Choreography: For the 1st season, we are making choreo completely FREE!
- Team Warmup: \$110
- Music: ~\$50 (Based on number of athletes)
- Makeup bag: \$20
- Uniform: \$355
- Competition fees: ~\$400
- Glambag: \$50
- Banquet fee: \$25 (per family of 4)

We are so excited to open our doors to the triangle and we really hope you will join us for an amazing Season 1!

After all, We've got PRIDE on our SIDE!