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# Pride Athletics Season 1 Info Packet

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## Our Mission Statement

“We strive to teach kids how to have confidence in themselves and who they are. Leading them to STRUT through life with PRIDE! “

With Focus on: Prosperity. Respect. Integrity. Determination. Empowerment

## What is PRIDE?

Pride is a recreational Competitive Cheer Program. We are an organization governed by USA Cheer. We follow the same rules and level breakdown as Elite cheer programs but we follow a different age grid.

This is why we are Rec!

## Tryouts 4-1-1

Date: Tryouts will be held May 18- 19th.

**\*BOTH DAYS ARE MANDATORY\***

The teams eligible to try out for are our Levels 1,2, and 3 teams. (Tiny Novice does not have a tryout)

Athletes are judged on jump technique, tumbling skills, and performance skills.

Team placements are based off your child's score and

## ***Teams Offered***

- BabyKatz (Tiny Novice)
  - Open to ages 4-6
  - No Tryout required

- Practices for 1 hour
- Learns the basics of cheer and performance
- Exhibition only team
- SassyKatz (Level 1)
  - Open to ages 5-18
  - Tryout required
  - Practices for 2 hours
  - Level 1 tumbling skills:
    - Forward roll
    - Cartwheel
    - Round- off
    - Backbend
    - Backbend Kickover
    - Front/Back Walkover
- PhantomKatz (Level 2)
  - Open to ages 5-18
  - Tryout required
  - Practices for 2 hours
  - Level 2 tumbling skills:
    - Standing back handspring
    - Back handspring Step-out
    - Back walkover Back handspring
    - Round-off back handspring
- BoomKatz (Level 3)
  - Open to ages 5-18
  - Tryout required
  - Practices for 2 hours
  - Level 3 tumbling skills:
    - Multiple standing back handsprings
    - Jump- to – back handspring
    - Round- off Tuck/ Round- off back handspring Tuck

### ***What to expect Tryout day***

- Day 1

- Athletes will arrive and check in with Ticket.
- Athletes will stretch/ warm up
- Athletes will learn material needed for tryouts
- Jump technique
- Dance used for performance evaluation
- Clean tumbling skills
- Day 2
  - Athletes will arrive and check in
  - Athletes will stretch and warmup
  - Athletes will be able to go over the dance, warmup tumbling, and ask questions for about 30 minutes.
  - Athletes will be asked to wait outside and called in 3 at a time for their evaluations.
  - Athletes may leave once they have finished their evaluation.

## ***Team Announcements***

Team Placements will be announced via emails.

Emails will be sent out by 5pm on Monday!

If there are any questions about team placements, I will be open to conversations once all emails have been sent.

## ***Team Placement Disclosure***

Everybody makes a team, but when you join Pride, you are joining the organization not a specific team.

For Season 1, level placements are not guaranteed.

If there are not enough kids to make a team, we will not have that team. But we will do my best to support your skill set.

## ***1st practice***

The first practice of the Season is June 2nd

Along with this being the first practice, all athletes will get fitted for all their apparel for the year.

A parent/ guardian/ representative must be present to sign off on sizes for your athlete.

This insures all cheerleaders get the correct sizes when ordering.

All paperwork will be filled out/ due then as well

## **Policies**

### ***Attendance Policy***

Athletes are allotted 3 excused absences.

- Excused absences include:
  - Sick:
    - Fever, vomiting, tested positive for Covid or flu
      - **If your child does not feel well but does not fit the above criteria, we still ask for them to come to practice and participate with moderations or to sit and watch.**
  - Vacation/ school:
    - Only if notified at least 2 weeks prior of absence

\*After your 3rd absence a meeting will be held to let you know you have used all your absences. Next absence could result in removal from the team.

\*A no call no show for practice could result in removal from the team.

### ***Late Policy***

After 15 minutes your child is considered late which will result in conditioning after practice. They will incur additional bear crawls for every 5 minutes.

Ex: 16 minutes late = 1 bear crawl, 20 minutes = 2, etc.

**\*Does not apply if communicated beforehand.**

**\*Athletes are not allowed to miss practice 2 weeks prior to competition. Missing these practices could result in your child losing their spot in routine sections and “nuggeting”**

### ***Practice Appearance Policy***

No Jewelry allowed at practice

Nails should be kept at an athletic length

No Beads at practice unless they can be properly secured.

### ***Competition Policies***

Arrive to competition 95% ready: Everything on but shoes and lipstick

Whenever representing PRiDE, you must be fully presentable so, no headscarves, curlers, pajama pants, etc.

NO Beads for competition

Hair must be kept in natural colors for competition

Nails must be kept natural colors or program colors

All athletes must adhere to our competition look at every competition.

Failure to adherence will result in a \$25 charge

Athletes must be on time for all meet times.

Families allotted a 15-minute grace period. Arrival after this period is a \$50 charge

### ***Payment Policies***

Tuition invoices will be sent out by the 25th of the prior month and due on the 1st of the new month (Ex: June tuition invoices will be sent on May 25th but payment isn't due until June 1st). A grace period will be allotted up until the 5th. After the 5th it is late. A late charge of \$25 will be applied for every week that it is late.

After receiving your 2nd late charge, your child will not be able to participate in practice. (they will still need to attend so they know what is going on)

After your child has had to sit out of 2 practices for missed payment, a meeting will be held for either payment of debt or removal of your child from the program.

For installment payments, that invoice will be sent out on the 5th and will be due on the 15th, after the 15th it is late.

As this invoice is to pay for apparel or competition, it can NOT be late. If you pay your installment fee after the due date, you are responsible for paying the difference in price.

If this results in you receiving items after they are needed, your child will not participate in the event they are needed for.

In regards to competition fees, if late payment results in a change of cost for the program, your child will not compete. This could also result in removal from the team.

Any other charges incurred throughout the season are due by the end of the season.

Any faulty payments on your account will make your child ineligible for tryouts for the next season.

## **Extra Events**

- Back to school team bonding
- NCCU Homecoming Parade
- NC Autism Society Walk
- Bahama Holiday parade
- Secret sister team bonding
- Phillips farm team bonding
- PRiDE Love team bonding
- End of the Season Banquet

# 2024- 2025 Price List

## ***Expenses***

Shoes: \$92 - \$105 (Depends on total number of athletes)

Practice Wear: \$60

Bookbag: \$110

Warm up: \$110

Uniform: \$355

Makeup Bag: \$20

Bow: \$5

Music: \$50

Competition fees:  $\geq$  \$450

Glambag: \$50

## ***Tuition***

Tuition:

- Elite teams: \$120
  - For family with multiple kids, a 5% discount will be applied towards tuition for each subsequent child.
- Prep team: \$85
  - For families that have 1 kid on Babykatz and a kid on an elite team, their Babykatz tuition will be discounted.

**\*Reduced Tuition in December and April**

# 2024-2025 Schedule

## May

- 18<sup>th</sup>-19<sup>th</sup>: Season 1 evaluations
- 26<sup>th</sup>: Closed for Memorial Day

## June

- 2<sup>nd</sup>: First Practice
- 15<sup>th</sup>: First installment due
- 16<sup>th</sup>: Closed for Father's Day

## July

- 7<sup>th</sup>: Summer Funday
- 15<sup>th</sup>: Second Installment due

## August

- 4<sup>th</sup>: Choreography starts
- 15<sup>th</sup>: Third installment due
- TBD: Back to school team bonding

## September

- 1<sup>st</sup>: Closed for Labor Day
- 15<sup>th</sup>: Forth Installment due

## October

- 12<sup>th</sup>: Autism Run/Walk
- 15<sup>th</sup>: Fifth installment due
- 27<sup>th</sup>: Showcase/ Trunk - or - Treat
- TBA: NCCU Homecoming Parade
- TBD: Phillips farm team bonding

## November

- 15<sup>th</sup>: Sixth installment due
- 16<sup>th</sup>: 1<sup>st</sup> competition (9 Panel)

## **December**

- 1<sup>st</sup>: Closed for Thanksgiving
- TBD: Bahama Holiday Parade
- 14<sup>th</sup>: 2<sup>nd</sup> Competition (9 Panel)
- 15<sup>th</sup>: Seventh installment due and Secret Sister Dinner
- 22<sup>nd</sup>-29<sup>th</sup>: Closed for Holiday Break

## **January**

- 15<sup>th</sup>: Eighth installment due
- 25<sup>th</sup>-26<sup>th</sup>: 3<sup>rd</sup> Competition (American Superstarz)

## **February**

- 15<sup>th</sup>: Last installment due and 4<sup>th</sup> Competition (Universal)
- TBD: Pride Love team bonding

## **March**

- 8<sup>th</sup>: 5<sup>th</sup> Competition (UNCC)

## **April**

- 6<sup>th</sup>: Nationals Send off
- 12<sup>th</sup>-13<sup>th</sup>: Nationals (CDE Finale)
- TBD: End of Season Banquet

## Payment Plan & Competition Schedule

Due Date	What is covered	Amount
June	Shoes, Practice wear, and Bookbag	\$275
July	½ of warmup, uniform, and music fee	\$265
August	½ of warmup, uniform, and music fee	\$265
September	Competition installment 1 and Makeup bag	Elite: \$120 Novice: \$95
October	Competition Installment and Bow	Elite: \$95 Novice: \$80
November	Competition Installment	Elite: \$90 Novice: \$75
December	Competition Installment	Elite: \$90 Novice: \$75
January	Competition Installment	Elite: \$90 Novice: \$75
February	Glambag	\$50

Competition Name	Competition Location	Competition Date
9 Panel Allstar Jam	Raleigh, NC	Nov. 16, 2024
9 Panel Allstar Jam	Concord, NC	Dec. 14, 2024
American Superstarz	Raleigh, NC	Jan. 25-26, 2025
Universal	Winston- Salem, NC	Feb. 15, 2025
Jamfest	Charlotte, NC	Mar. 8, 2025
Cheer and Dance Extreme Finale	National Harbor, MD	Apr. 12-13, 2025